

A helpful list of gluten-free products
available at Roche Bros. and Sudbury Farms.



To the best of our knowledge, the following items are gluten free.
We have made every effort to be as accurate as possible; however,
we cannot be held responsible for individual reactions to any products, nor can we
guarantee the absence of cross-contamination.
Products are identified as gluten free based on the product as packaged.
Always read the label and/or check with the manufacturer, as ingredients do
change. This list is only a guide to assist you in shopping for items available for
your dietary needs. The information is for educational purposes only and should not
be considered medical advice.

Gluten Free List

Dairy:

Jell-o Pudding Sugar Free Vanilla – 6 pack

Beer:

Woodchuck Amber Cider - 6 Packs

Redbridge Gluten-Free Sorghum Beer – 6 pack

Frozen:

Bread/Dough

UDI'S Gluten Free Whole Grain Bread

UDI'S Gluten Free White Sandwich Bread

Food for Life Wheat & Gluten Free Brown Rice Bread

UDI's Gluten Free Pizza Crust – 2 Pack

Kinnikinnick Foods White Sandwich Bread

Food for Life Wheat and Gluten Free Rice Almond Bread

Kinnikinnick Foods Gluten Free Tapioca Rice Bread

Against the Grain Gluten Free Original Rolls

Glutino Gluten and Wheat Free Raisin Bread

Against the Grain Gluten Free Sesame Bagels

Kinnikinnick Foods Gluten Free Brown Sandwich Bread

Kinnikinnick Foods Gluten Free Sunflower Flax Rice Bread

Glutino Gluten & Wheat Free Corn Bread

Glutino Gluten & Wheat Free Flax Seed Bread

KATZ Gluten Free Challah Bread Sliced

KATZ Gluten Free Pizza Crust

KATZ Gluten Free White Bread

Glutino Gluten & Wheat Free Premium Corn Bread

KATZ Gluten Free Whole Grain Bread

Glutino Gluten & Wheat Free Corn Pizza Crust

Against the Grain Gluten Free Original Baguette Food

For Life Gluten Free White Bread

KATZ Gluten Free Challah Rolls

UDI's Gluten Free Classic Hot Dog Buns – 6 Pack

Sherries Pizza Shells

Rudi's Gluten Free Original Sandwich Bread
UDI's Gluten Free Classic Hamburger Buns – 4 Pack
Rudi's Gluten Free Multigrain Sandwich Bread
Rudi's Gluten Free Cinnamon Raisin Bread
Against the Grain Gluten Free Pizza Shell 12 Inch
Gillian's Foods Gluten Free French Rolls
Against the Grain Gluten Free Pumpernickel Rolls

Breakfast Items

Vans Waffles - Wheat Free – Blueberry
Dr. Praeger's Gluten Free Broccoli Pancake Little's
UDI's Gluten Free Plain Bagels – 4 Pack
UDI's Gluten Free Blueberry Muffins
Dr. Praeger's Gluten Free Spinach Pancake Little's
Foods by George Gluten Free Blueberry Muffins
Dr. Praeger's Gluten Free Sweet Potato Pancake Little's
KATZ Gluten Free Cinnamon Rugelech
Glutino Plain Bagels
Kinnikinnick Foods Gluten Free Carrot Muffins
Dr. Praeger's Gluten Free Potato Pancake Little's
Kinnikinnick Foods Gluten Free Blueberry Muffins
Against the Grain Gluten Free Sun Dried Tomato Basil Bagels
Foods by George Gluten Free Plain English Muffins
Kinnikinnick Foods Gluten Free Chocolate Dipped Donuts
Kinnikinnick Foods Gluten Free Vanilla Dipped Donuts
KATZ Gluten Free Chocolate Rugelech
Kinnikinnick Foods Gluten Free Cinnamon Sugar Donuts
Kinnikinnick Foods Gluten Free Chocolate Glazed Donuts
KATZ Gluten Free Honey Muffins

Entrees

Amy's Macaroni & Cheese Made with Organic Rice Pasta
Glution Chicken Penne Alfredo
Glutino Gluten & Wheat Free Chicken Pad Thai
Glutino Chicken Ranchero and Rice
Glutino Chicken Pomodoro and Rice

Dessert

Gaga's Rainbow Sherbetter
Gaga's Lemon Sherbetter
Gaga's Sherbetter on a Stick – Chocolate
Gaga's Sherbetter on a Stick – Orange
Gaga's Sherbetter on a Stick – Lemon
Kinnikinnick Foods Cinnamon Sugar Donuts
Gaga's Sherbetter on a Stick – Raspberry
KATZ Gluten Free Marble Cake
TruWhip Natural Whipped Topping
JD's Best Gluten Free Fried Dough
Foods by George Gluten Free Brownies

Pizza

Glutino Pizza Gluten Free Duo Cheese Frozen
Schar Gluten Free Pizza Crust 2 Pack
Glutino Spinach Feta Pizza
Against the Grain Gluten Free 3 Cheese Pizza
Against the Grain Gluten Free Pesto Pizza
JD's Best Gluten Free Original Pizza
Foods by George Gluten Free Cheese Pizza
Bella Monica Gluten Free Flatbread Pizzas Margherita
JD's Best Gluten Free Original Personal Pizza

Meat/Chicken/Fish

Ian's Chicken Nuggets Wheat Free & Gluten Free
Ian's Fish Sticks Wheat Free & Gluten Free
Ian's Gluten Free Chicken Finger Kids Meal

Grocery:

Breads/Rolls:

Schar Bread Gluten Free Classic White Naturally
Schar Bread Gluten Free Multigrain Bread
Schar Bread Gluten Free White Rolls
Schar Ciabatta Parbaked Rolls

Schar Parbaked Baguettes

Schar Parbaked Sub Rolls

Bread Crumbs/Stuffing Mix:

Gillian's Foods Gluten Free Italian Bread crumbs

Gillian's Foods Gluten Free Plain Bread crumbs

Schar Gluten Free Bread Crumbs

The Grainless Baker Gluten Free Stuffing Cubes

Aleia's Gluten Free Savory Stuffing Mix

Aleia's Gluten Free Plain Stuffing Mix

Cookies/Crackers:

Glutino Chocolate Chip Cookies

Cherrybrook Gluten Free Vanilla Crème Mini Cookies

Enjoy Life Snickerdoode Cookie

Cherrybrook Gluten Free Mini Chocolate Chip Cookies

Enjoy Life Gingerbread Spice Cookies

Enjoy Life No-Oats Oatmeal Cookies

Ian's Gluten Free Animal Cookies

Glutino Chocolate Vanilla Crème Cookies

Glutino Vanilla Crème Cookies

Lucy's Gluten Free Chocolate Chip Cookies

Lucy's Gluten Free Cinnamon Thin Cookies

Lucy's Gluten Free Oatmeal Cookies

Lucy's Gluten Free Sugar Cookies

Le Veneziane Mixed Berry Cookies

Le Veneziane Chocolate Hazelnut Cookies

Le Veneziane Coconut Cookies

Schar Cocoa Wafers

Schar Vanilla Wafers

Schar Shortbread Cookies

Schar Chocolate Dipped Cookies

Pamela Chunky Chocolate Chip Cookies

Schar Vanilla Sandwich Crème Cookies

Mi-Del Ginger Snaps

Schar Chocolate Sandwich Crème Cookies

Mi-Del Chocolate Chip Mini Cookies

Kay's Cinnamon Cookie Bites

Orgran Outback Animal Cookies

Pamela Ginger Cookies

Pamela Shortbread Pecan Cookies

Pamela Shortbread Lemon Cookies

Kay's Honey Cookie Bites

Schar Ladyfingers
Kay's Butter Pretzel Twists
Glutano Chocolate Chip Bites
Schar Chocolate O Cookies
Barkat Lemon Cream Wafers
Barkat Chocolate Cream Wafers
Schar Hazelnut Wafers
Soy Bite Chocolate Chip Cookies
Soy Bite Chocolate Coconut Cookies
Tate's Chocolate Chip Cookies

Crackers:

Schar Snack Crackers
Crunchmaster Healthy Gatherings Multi-Seed Crackers Original
Crunchmaster Healthy Gatherings Multi-Seed Crackers Rosemary & olive oil
Crunchmaster Healthy Gatherings Multi-Seed Crackers Sea Salt
Crunchmaster Healthy Gatherings Multi-Seed Crackers Sweet Onion
Crunchmaster Healthy Gatherings Multi-Seed Crackers Roasted Garlic
Schar Table Crackers
Orgran Crispbread, Corn
Orgran Crispbread, Cracked Pepper
Orgran Crispbread, Rice Crisp
Orgran Crispbread, Salsa
Orgran Crispbread, Rice & Herb
Schar Gluten Free Crackers
Glutino Crackers Original
Glutino Crackers Multi Grain
Glutino Crackers Vegetable
Glutino Crackers Cheddar

Baking Mixes/Frosting:

Betty Crocker Gluten Free Brownie Mix
Really Great Food Gluten Free Banana Bread Mix
Betty Crocker Gluten Free Chocolate Chip Cookie Mix
Betty Crocker Gluten Free Yellow Cake Mix
Cherrybrook Kitchen Ready to Use Vanilla Frosting
King Arthur Gluten Free Pancake Mix
Really Great Food Classic Pancake Mix
Betty Crocker Gluten Free Devil Food Cake Mix
Really Great Food Cornbread Muffin Mix

King Arthur Gluten Free Brownie Mix
Really Great Food Vanilla Muffin Mix
Enjoy Life Chewy Chocolate Chip Cookie Mix
Maple Grove Farms Gluten Free Pancake Mix
King Arthur Gluten Free Chocolate Chip Cookie Mix
Bisquick Gluten Free Baking Mix
King Arthur Gluten Free Chocolate Cake Mix
Really Great Food Brownie Cake Mix
Pamela's Pancake/Baking Mix
Enjoy Life Double Chocolate Brownie Mix
Cherrybrook Gluten Free Wheat Free Chocolate Chip Cookie Mix
Cherrybrook Gluten Free Wheat Free Sugar Cookie Mix
Cherrybrook Gluten Free Wheat Free Brownie Mix
Bob's Red Mill Gluten Free Pizza Crust Mix
Cherrybrook Gluten Free Wheat Free Chocolate Cake Mix
Cherrybrook Gluten Free Wheat Free Pancake/ Waffle Mix
Really Great Food Chocolate Cake Mix
Orgran No Egg Replacer
Bob's Red Mill Gluten Free Bread Mix
Pamela's Brownie Mix
Really Good Foods Orange Cake Mix
Really Good Foods French Bread Mix
Really Good Foods Rye Bread Mix
Really Good Foods Maple Raisin Muffin Mix
Really Good Foods Crinkle Cookie Mix
Really Good Foods Lemon Poppy Cake Mix
Really Good Foods Pound Cake Mix
Schar Gluten Free Classic White Bread Mix
Arrowhead Gluten Free Cake Mix
Really Great Food Yellow Cake Mix
Arrowhead Gluten Free Pizza Crust Mix
Really Great Food Pumpkin Bread Mix
Really Great Food Apple spice Muffin Mix
Really Great Food Old Time Biscuit Mix
Really Great Food White Bread Mix
Arrowhead Gluten Free Pancake Mix
Really Great Food Versatile Cookie Mix
Really Great Food Cinnamon Bread Mix
Really Great Food Chocolate Cupcake Mix
Really Great Food Butter Cookie Mix
Really Great Food Coffee Crumb Cake Mix
Really Great Food Devil's Food Cake Mix

Really Great Food Pineapple Cake Mix
Really Great Food Pie Crust Mix
Really Great Food Pizza Crust Mix
Gluten Free Pantry Brownie Mix
Gluten Free Pantry Pancake Mix
Gluten Free Pantry Pizza Crust Mix
Gluten Free Pantry Yellow Cake Mix
Gluten Free Pantry Perfect Pie Crust Mix
Gluten Free Pantry Decadent Chocolate Cake Mix
Gluten Free Pantry Old Fashion Cookie & Cake Mix
Gluten Free Pantry Pizza Crust Mix
Gluten Free Pantry Sandwich Bread Mix
Gluten Free Pantry French Bread & Pizza Mix
Gluten Free Pantry Brown Rice Pancake & Waffle Mix
Gluten Free Pantry Corn Bread Mix
Gluten Free Pantry Muffin & Scone Mix
Gluten Free Pantry Chocolate Truffle Mix
Gluten Free Pantry Chocolate Chip Cookie Mix
Gluten Free Pantry Angel Cake Mix
Stonewall Kitchen Pancake & Waffle Mix
Stonewall Kitchen Vanilla Cupcake Mix
Stonewall Kitchen Chocolate Chunk Cookie Mix
Stonewall Kitchen Chocolate Cupcake Mix

Baking Needs:

Bob's Red Mill Gluten Free Baking Flour
Enjoy Life Semi Sweet Chocolate Chips
Orgran Custard Powder
Orgran Gluten Free Baking Substitute
Bob's Red Mill Xanthan Gum
The Grainless Baker Graham Cracker Crumbs
Hodgson Mill Flour Soy Fine Grain Mill All Natural
Bob's Red Mill Gluten Free Sweet White Sorghum Flour
Really Great Food All Purpose Rice Flour

Candy:

Candy Tree Black Gluten Free Licorice Vines
Candy Tree Cherry Gluten Free Licorice Vines
Candy Tree Strawberry Gluten Free Licorice Vines

Bars/Cereal/ Granola:

Bars:

Bakery on Main Granola Bars Peanut Butter Chocolate
Bakery on Main Granola Bars Cranberry Maple Nut
Enjoy Life Chewy Bars Cocoa Loca
Enjoy Life Chewy Bars Caramel Apple
Schar Chocolate Hazelnut Bars

Cereal:

Cold:

Kay's Naturals Protein Cereal Honey Almond
Kay's Naturals Protein Cereal Apple Cinnamon
Envirokidz Koala Crisp Cereal
Amaranth Cinnamon Snaps Cereal
Amaranth Original O's Cereal
Amaranth Peach O's Cereal
Glutino Gluten Free Cereal Honey Nut
Glutino Gluten Free Cereal Apple Cinnamon

Hot:

Eco-Planet Organics Instant Hot Cereal Maple & Brown Sugar
Eco-Planet Organics Instant Hot Cereal Original
Eco-Planet Organics Instant Hot Cereal Apple Cinnamon
Bob's Red Mill Oats Gluten Free Rolled
Bob's Red Mill Gluten Free Mighty Hot & Tasty Cereal
Bob's Red Mill Gluten Free Whole Grain Steel Cut Oats
Holly's Oatmeal Original
Holly's Oatmeal Cranberry

Granola:

Bakery on Main Granola Nutty Maple Cranberry
Orgran Light and Crunchy Muesli, Fruit & Almond
Bakery on Main Granola Extreme Fruit & Nut
Bakery on Main Granola Apple Raisin Walnut

Bakery on Main Granola Cinnamon Raisin
Bakery on Main Granola Triple Berry
Enjoy Life Granola Cinnamon Crunch
Enjoy Life Granola Cranberry Apple Crunch
Enjoy Life Granola Very Berry Crunch
Bakery on Main Granola Extreme Fruit and Nut

Condiments:

Dinosaur BBQ Sauce
Bea's Slammin' Barbeque Sauce
Orgran Veggie Gravy Mix

Snacks:

Glenny's Organic Brown Rice Marshmallow Treats - Creamy Vanilla
Glenny's Brown Rice Marshmallow Treats – Chocolate
The Grainless Baker Graham Crackers
The Grainless Baker Cheddar Snacks
Schar Gluten Free Cheese Bites
Gold Baum's Gluten Free Ice Cream Sugar Cocoa Cones
Gold Baum's Gluten-Free Ice Cream Cones
Glutino Pretzel Sticks
Glutino Pretzels
Glutino Breadsticks Pizza
Glutino Breadsticks Sesame
Schar Breadsticks Italian
Glutino Pretzel Twists
Lundberg Rice Chips Original
Lundberg Rice Chips Sesame
Lundberg Rice Chips Santa Fe BBQ
Lundberg Rice Chips Pico DeGallo
Snyder's Gluten Free Pretzel Sticks
Kay's Naturals Better Balance Protein Chips Chili Cheese
Kay's Naturals Better Balance Protein Chips Parmesan
Kay's Naturals Better Balance Protein Chips Lemon Herb
Xochitl Corn Chips
Xochitl Organic Black Bean Corn Chips
Popcorners Sea Salt
Popcorners Butter
Popcorners White Cheddar
Popcorners Kettle Corn

Canned Pasta/ Pasta/Pasta Sauce

Canned Pasta:

Orgran Canned Spaghetti
Allergaroo Spynoodle Noodles
Allergaroo Spaghetti

Pasta:

Le Veneziane Gluten Free Rigatoni Pasta
Le Veneziane Fettuccine Pasta
Le Veneziane Gluten Free Pipe Rigate Pasta
Le Veneziane Gluten Free Eliche Pasta
Le Veneziane Penne Pasta
Hodgson Mill Brown Rice Elbow Pasta With Flaxseed
Hodgson Mill Brown Rice Penne Pasta With Flaxseed
Schar Spaghetti
Schar Penne
Schar Fusilli
Schar Multigrain Penne Rigate
Schar Tagiatelle Pasta
Schar Anellini Pasta
Tinkyada Brown Rice Spirals
Tinkyada Spaghetti
Tinkyada Penne
Tinkyada Organic Brown Rice Spaghetti
Tinkyada Organic Brown Rice Spirals
Orgran Rice & Millet Spirals
Orgran Rice & Corn Spirals
Orgran Tomato & Basil Spirals
Orgran Ris'O'Mais Rice & Corn Tortellini
Orgran Buckwheat Spirals
Orgran Ris'O'Mais Rice & Corn Macaroni

Pasta Sauce:

Bove's Marinara Sauce
Bove's Pasta Sauce Roasted Garlic
Bove's Vodka Sauce
Bove's Pasta Sauce Chianti Mushroom
Bove's Pasta Sauce Red Pepper

