



BACKYARD BBQ MENU | 2020

Appetizers

Guacamole Bowl \$29.95 - Serves 10

Fresh avocados smashed with cilantro, tomato, onions, lime juice and classic seasonings. Calorie count: 170 calories per 4 oz. serving

Pico De Gallo Bowl \$29.95 - Serves 10

Fresh tomatoes, bell peppers, jalapenos, cilantro, onions, lime juice and classic seasonings. Calorie count: 70 calories per 4 oz. serving

Homemade Tortilla Chips \$3.99

Hand cut tortilla chips, fried until golden brown and crispy lightly seasoned with salt. Calorie count: 135 calories per 1 oz. serving

Caprese Tray \$44.95 - Serves 10

Fresh tomato slices layered with fresh mozzarella and whole basil leaves. Calorie count: 190 calories per 4 oz. serving

Cheese Classic \$54.95 - Serves 20-25

Our most popular cheese & fruit tray offers cracker size slices of Jarlsberg, cheddar, havarti will dill, pepperoni, and our own blue cheese & cheddar spread. Garnished with fresh red & green grapes. Crackers not included Calorie count: 360 per 4 oz. serving

Deluxe Delight \$49.95 - Serves 20

Our famous fresh vegetable centerpiece platter featuring cucumbers, Summer squash, carrots, celery, broccoli, cauliflower, cherry tomatoes, and pepper strips served with ranch dressing. Calorie count: 30 calories per 4 oz. serving

Fruit

Watermelon Boat \$39.95 - Serves 15

We hollow and refill a watermelon basket with a beautiful selection of cantaloupe, honeydew, pineapple, watermelon, grapes and strawberries. Selections vary with season. Calorie count: 50 calories per 4 oz. serving (1850 calories per boat)

Watermelon Crystal Bowl \$14.95 - Serves 10

Fresh chunks of watermelon served in a crystal bowl. Great for summer time parties! Calorie count: 50 calories per 4 oz. serving

Sliced Watermelon Platter \$24.95 - Serves 10

An assortment of mouth watering sliced watermelon. 24 Slices
Calorie count: 100 calories per slice

Fresh Strawberry/Blueberry/Raspberry Tray \$14.95 - Serves 10

An assortment of raspberries, blackberries, strawberries, blueberries and kiwi arranged in a five compartment tray. Calorie count: 45 calories per 4 oz. serving

Salads & Chowders

Cole Slaw Bowl \$19.95 - Serves 10

Shredded cabbage and carrots mixed with our creamy cole slaw dressing.
Calorie count: 140 calories per 4 oz. serving

Potato Salad Bowl \$19.95 - Serves 10

Our traditional New England style white potato salad with diced onions and spices.
Calorie count: 200 calories per 4 oz. serving

Twist Pasta Salad Bowl \$24.95 - Serves 10

Rotini pasta with fresh vegetables and Italian style dressing.
Calorie count: 240 calories per 4 oz. serving

Cuban Black Bean & Corn Salad Bowl \$29.95 - Serves 10

Black beans, corn, peppers, onions, and cilantro tossed in a zesty, light wine vinaigrette. Calorie count: 140 calories per 4 oz. serving

Sweet & Sour Black Eyed Pea Salad Bowl \$29.95 - Serves 10

A southern favorite made with black eyed peas & fire roasted corn, tossed in our homemade sweet & sour vinaigrette.
Calorie count: 170 calories per 4 oz. serving

Crunchy Vegetable Salad Bowl \$39.95 - Serves 10

A sweet & tangy salad with broccoli, carrots, cauliflower, raisins, almonds, onions & sunflower seeds, tossed in a cider cole slaw dressing.
Calorie count: 270 calories per 4 oz. serving

Feta & Spinach Quinoa Salad Bowl \$39.95 - Serves 10

A healthy crowd pleaser with baby spinach, quinoa, corn, feta cheese and bell peppers, tossed in a Southwest vinaigrette.
Calorie count: 190 calories per 4 oz. serving

Lemon Orzo Verde Bowl \$39.95 - Serves 10

Orzo pasta with fresh spinach, asparagus, lemon, oil, scallions, and spices.
Calorie count: 270 calories per 4 oz. serving

Mango Pineapple Salad Bowl \$39.95 - Serves 10

Fresh mango and pineapple chunks tossed with diced tomatoes, onions, and fresh cilantro. Calorie count: 70 calories per 4 oz. serving

Large Tossed Salad \$49.95 - Serves 20

A wonderful combination of iceberg and green leaf lettuce covered with cucumbers, broccoli, tomatoes, shredded red cabbage, carrots, red onions, peppers, black olives, and croutons. Calorie count: 100 calories per 4 oz. serving

Crock of Clam Chowder - 4 Quarts \$49.95 - Serves 16

A blend of tender, sweet whole surf clams, clam broth, fresh cream, natural cut potatoes, and roux make it truly an all-time New England favorite!
Calorie count: 310 calories per 4 oz. serving

Crock of Haddock Chowder - 4 Quarts \$49.95 - Serves 16

A classic East Coast comfort food, this creamy, hearty chowder is loaded with premium haddock fillets. Calorie count: 260 calories per 8 oz. serving

Crock of Corn Chowder - 4 Quarts \$49.95 - Serves 16

Fresh cream, sweet corn and potatoes make this delicious chowder a Yankee favorite! Calorie count: 240 calories per 8 oz. serving

Entrées

Rotisserie Chickens – Two Pack \$17.95 - Serves 8

Two Birds expertly carved, all natural antibiotic-free whole chickens. Herb roasted or plain. Calorie count: 200-240 calories per 4 oz. serving

Bourbon Steak Tips \$99.95 - Serves 10

Our signature tender bourbon marinated steak tips, charbroiled to perfection. Calorie count: 190 calories per 4 oz. serving

Shrimp Skewers \$79.95 - Serves 10

Large shrimp skewers, marinated and charbroiled—great as an entrée or accompanying a large caesar salad. Calorie count: 80 calories per skewer

Grilled Boneless Chicken Breast – Lemon Pepper \$59.95 - Serves 10

Marinated and perfectly grilled antibiotic-free carved chicken. Calorie count: 240 calories per 4 oz. serving

Grilled Boneless Chicken Breast – Caesar \$59.95 - Serves 10

Marinated and perfectly grilled antibiotic-free carved chicken. Calorie count: 240 calories per 4 oz. serving

Grilled Boneless Chicken Breast – Red Pepper \$59.95 - Serves 10

Marinated and perfectly grilled antibiotic-free carved chicken tossed in a roasted red pepper and garlic pesto sauce. Calorie count: 230 calories per 4 oz. serving

St. Louis Ribs Tray \$69.95 - Serves 10

Wood smoked St. Louis style ribs, sliced & smothered in a sweet & tangy BBQ sauce. Calorie count: 300 calories per 4 oz. serving

Pulled Pork \$49.95 - Serves 10

Wood smoked pork shoulder, pulled & smothered in a sweet & tangy BBQ sauce. Calorie count: 270 calories per 4 oz. serving

Davio's Chicken Sausage Peppers & Onions \$49.95 - Serves 10

Awaken 180 approved Davio's sweet Italian chicken sausage perfectly grilled and tossed with roasted bell peppers & sweet onions. Calorie count: 120 calories per 4 oz. serving

Teriyaki Grilled Salmon \$59.95 - Serves 6

Grilled farm raised Atlantic salmon perfectly seasoned with sweet teriyaki sauce. and sesame seeds. Calorie count: 210 calories per 4 oz. serving

Sides

Grilled Broccolini \$49.95 - Serves 12-15

Fresh grilled broccolini with olive oil, salt & pepper...that's it! Calorie count: 25 calories per 4 oz. serving

Grilled Asparagus \$49.95 - Serves 12-15

Fresh grilled asparagus with olive oil, salt & pepper...that's it! Calorie count: 50 calories per 4 oz. serving

Garden Grilled Vegetables \$39.95 - Serves 12-15

An assortment of garden vegetables, perfectly grilled and seasoned with olive oil, salt & pepper. Calorie count: 50 calories per 4 oz. serving

Baked Beans \$19.95 - Serves 12-15

A Boston classic baked bean with smokey bacon and sweet molasses. Calorie count: 180 calories per 4 oz. serving

Sides

Corn on the Cob \$34.95 - Serves 12

One dozen fresh shucked and steamed with salt & pepper, served with a side of butter. Calorie count: 110 calories per 4 oz. serving

BBQ Spiced Potatoes \$29.95 - Serves 12-15

A tradition BBQ dry rub coats these red bliss potatoes, then they are roasted until crispy and golden brown. Calorie count: 130 calories per 4 oz. serving

Our Own Corn Bread – 16 oz \$4.49 - Serves 10

Our in-house fresh baked cornbread. A Classic BBQ Side!
Calorie count: 190 calories per 2 oz. serving

Sweet Shortcake Biscuits – 4 Pack \$4.19

Home style fresh baked biscuits. Pairs great with baked beans.
Calorie count: 270 calories each

Desserts

Gourmet Brownie & Cookie Tray - Full Tray \$39.95 - Serves 20

A generous assortment of our gourmet brownies and our home baked cookie varieties.
Calorie count: 135 - 280 calories ea

Fruit Tart \$22.99 - Serves 10

A classic Summer staple. Always fresh. Calorie count: 230 calories per slice

Strawberry Bar Cakes \$34.95 - Serves 12

Three layers of the best shortcake you have ever tasted, decorated with layers of fresh whipped cream and strawberry preserves. Calorie count: 260 calories per slice

Key Lime Pie – 34 oz. \$13.99

A freshly baked Summertime favorite!
Calorie count: 190 calories per slice

Blueberry Pie – 36 oz. \$10.99

Complete your meal with a classic all American Maine blueberry pie.
Calorie count: 240 calories per slice

Lemon Meringue Pie – 28 oz. \$8.99

A classic home style BBQ dessert. A fan favorite! Calorie count: 360 per slice

Cupcakes – 6/Packs \$3.99

A great dessert for the whole family! Available in Chocolate or Gold.
Calorie count : 370 calories per cupcake

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